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How Do You Expressing Emotions Affect How You Feel?

Are we really vulnerable to others' emotions? This experiment tested an identical question, "How do people expressing an increase in certain emotions affect how much others express and feel those same emotions?" My hypothesis was, if many people near others express a certain emotion, then the others near them will feel more comfortable and express that same emotion too. This experiment was constructed with testing Group A (control group) and Group B (experimental group). Both groups had 6 participants, and they watched 3 videos. They were a laughing compilation, a sad video surrounding cancer awareness, and a happy video about US Troops coming home. Then they would take an emotional survey which was for deceiving purposes. The experimental group was affected differently because instead of having 6 test subjects, they had 1 test subject with 5 actors that were used for all 6 of my trials. The actors' purpose was to impose the certain emotions which each video was trying to convey. Group A had an approximated average of 1.17 and Group B had an average of 3.8. Group B had a greater approximating average rating of 2.64. From this data, I can make the implication that if many people near others express a certain emotion, then the others near them will feel more comfortable and express that same emotion too. There are many people with mental disorders and depression. This could potentially be a life-changing idea to be able to mimic and feel positive emotions.